ABSTRACT OF THE DISCLOSURE

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Α system for distributing files and transmitting/receiving the distributed files. In the system, a file distribution/transmission/reception module depends upon an application program executable in a client computer and is performed in a background process of an application program The file execution module. distribution/transmission/reception module receives files designated on a host computer from a network and then stores the received files, while the application program is executed. The file distribution/transmission/reception module transmits corresponding files to another client computer if corresponding files exist, in response to another client computer's request for transmission of files designated on the host computer. The system distributes a load of the network and entirely increases a file transmission rate by receiving distributed transmission files and storing while the application program is executed, and reduces the load of the network associated with a file storage computer by receiving the transmission files not only from the file computer, but also from other client computers.